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**11<sup>th</sup> Meeting of the European Forum on  
Antiphospholipid Antibodies**  
*Maastricht, The Netherlands*



# IgG phosphatidylserine/prothrombin antibodies as a risk factor of thrombosis in antiphospholipid antibody carriers

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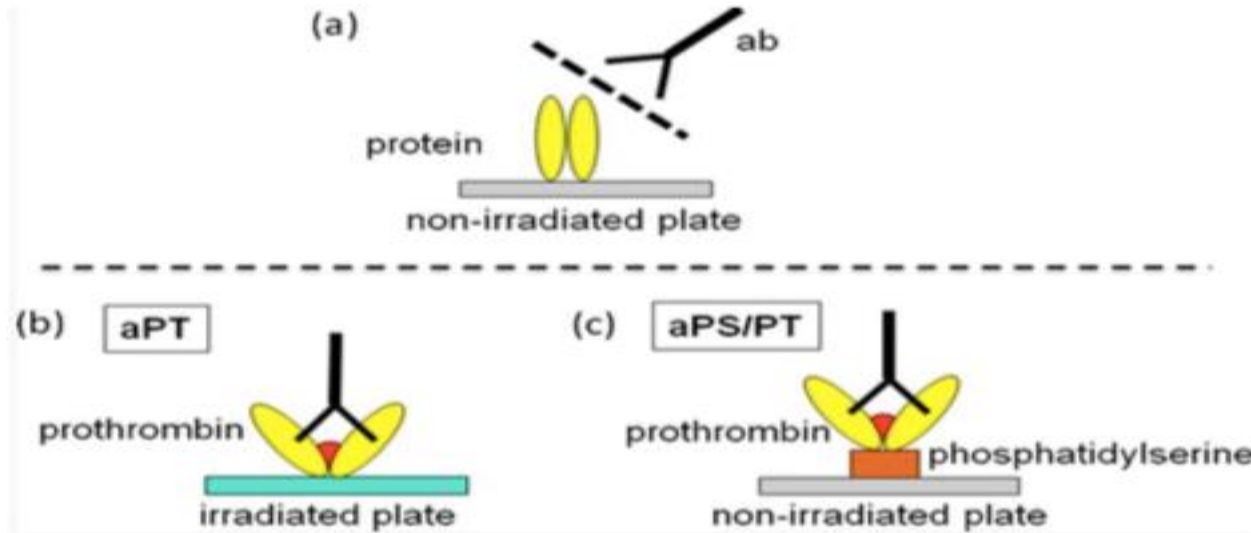
# Faculty Disclosure

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Company	Nature of Affiliation
• INOVA	

Off-Label Product Usage

# Background

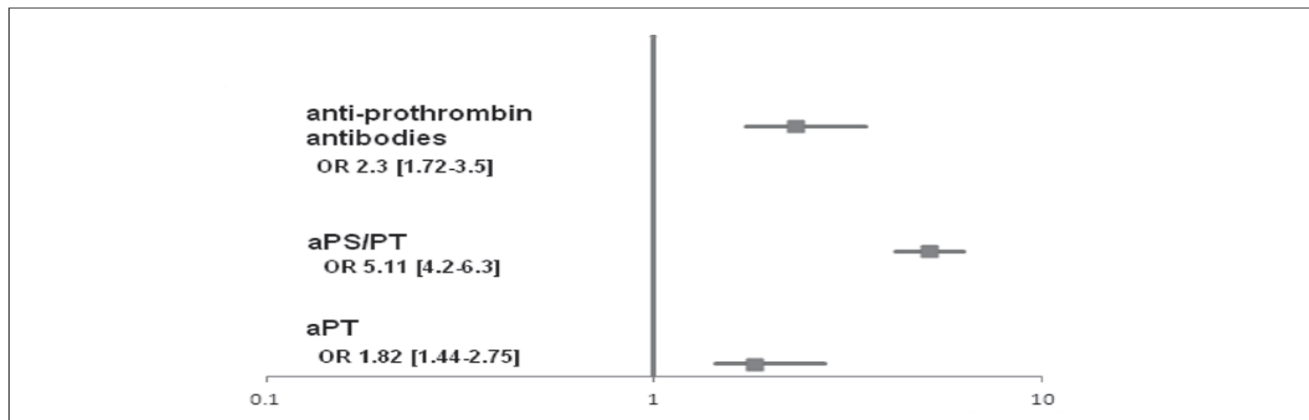
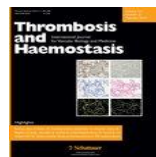


# Anti-prothrombin (aPT) and anti-phosphatidylserine/prothrombin (aPS/PT) antibodies and the risk of thrombosis in the antiphospholipid syndrome

## A systematic review

Savino Sciascia<sup>1,2</sup>; Giovanni Sanna<sup>3</sup>; Veronica Murru<sup>1</sup>; Dario Roccatello<sup>2</sup>; Munther A. Khamashta<sup>1,3</sup>; Maria Laura Bertolaccini<sup>1</sup>

<sup>1</sup>Graham Hughes Lupus Research Laboratory, Lupus Research Unit, The Rayne Institute, Division of Women's Health, King's College London; <sup>2</sup>Centro di Ricerche di Immunologia Clinica ed Immunopatologia e Documentazione su Malattie Rare (CMID), Università di Torino, Italy; <sup>3</sup>Louise Coote Lupus Unit, Guy's and St Thomas' NHS Foundation Trust, St Thomas' Hospital, London, UK



**SPECIAL ARTICLE****Antiphosphatidylserine/prothrombin antibodies in primary antiphospholipid syndrome**A Hoxha<sup>1</sup>, A Ruffatti<sup>1</sup>, M Tonello<sup>1</sup>, A Bontadi<sup>1</sup>, E Salvan<sup>1</sup>, A Banzato<sup>2</sup>, V Pengo<sup>2</sup> and L Punzi<sup>1</sup><sup>1</sup>Rheumatology Unit, Department of Medicine, University of Padua, Italy; and <sup>2</sup>Clinical Cardiology, Thrombosis Centre, University of Padua, Italy**Table 2** The relationship of IgG/IgM aPS/PT antibodies with clinical features of PAPS

<i>Antibody</i>	<i>Thrombosis n(%) (n = 102)</i>	<i>Pregnancy morbidity n(%) (n = 56)</i>	<i>Controls n (%) (n = 214/n = 172*)</i>	<i>Odds ratio for thrombosis (95% CI)</i>	<i>p-value</i>	<i>Odds ratio for pregnancy morbidity (95% CI)</i>	<i>p-value</i>
IgG aPS/PT	39 (38.2)	5 (8.9)	5 (2.3)/4 (2.3)*	25.7 (9.7–68.1)	<0.001	4.0 (1.0–15.8)	0.043
IgM aPS/PT	56 (54.9)	11 (19.6)	6 (2.8)/4 (2.3)*	42.0 (17.0–103.3)	<0.001	10.2 (3.1–33.5)	<0.001

aPS/PT: antiphosphatidylserine/prothrombin; PAPS: primary antiphospholipid syndrome; CI: confidence interval;

\*Male patients have been excluded in the statistical comparison with pregnancy morbidity.



Ariela Hoxha\*, Amelia Ruffatti, Elena Mattia, Lauro Meneghel, Marta Tonello, Elisa Salvan, Vittorio Pengo and Leonardo Punzi

# Relationship between antiphosphatidylserine/prothrombin and conventional antiphospholipid antibodies in primary antiphospholipid syndrome

**Table 1** Multivariate logistic regression for the presence of LA.

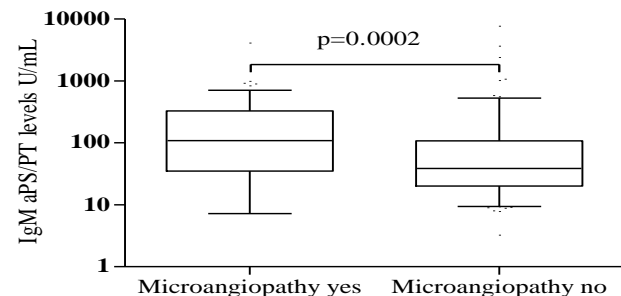
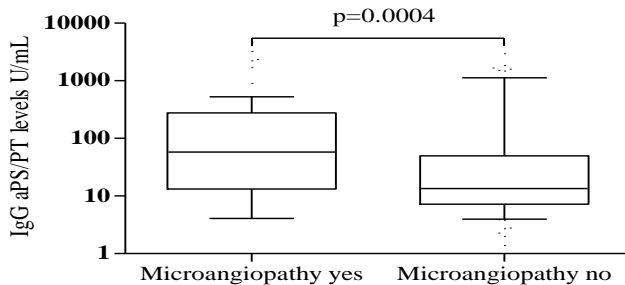
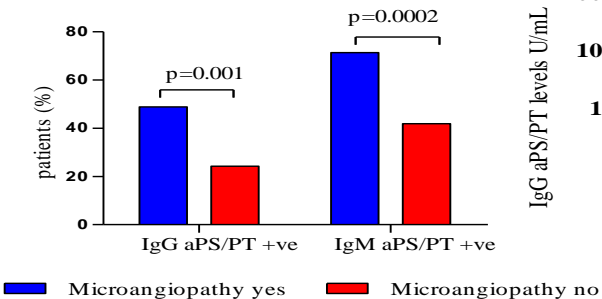
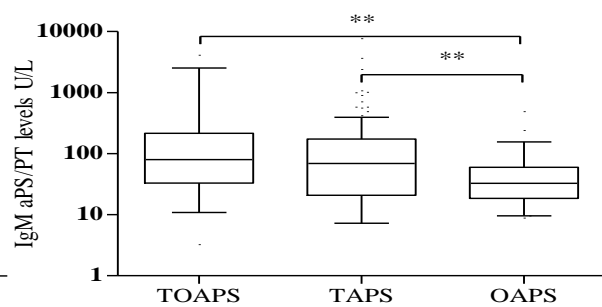
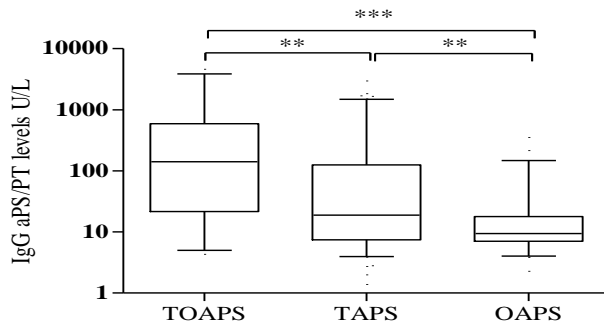
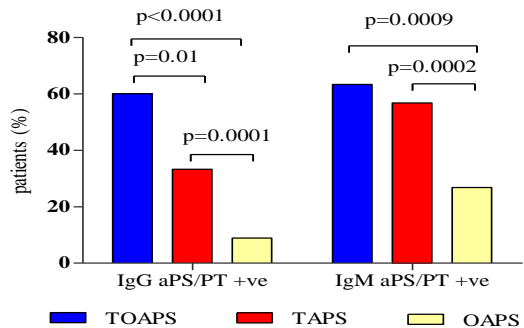
	$\beta$ -Coefficient	OR	95% CI	p-Value
IgG aPS/PT	2.0	7.6	2.9–20.0	<0.0001
IgM aPS/PT	1.5	4.5	2.0–9.8	<0.0001
IgG anti- $\beta$ 2GPI	1.3	3.8	1.5–9.3	0.004

LA, lupus anticoagulant; aPS/PT, antiphosphatidylserine/prothrombin antibodies; anti- $\beta$ 2GPI, anti- $\beta$ 2-glycoprotein I antibodies.

128 APS-seronegative patients

- IgG/IgM aPS/PT Abs were positive 12/128 (9.4%) vs 2/100 (2%) [p=0.043]
- aPS/PT antibodies were more frequent in the thrombosis than in pregnancy morbidity subset (p = 0.01, OR 3.4, 95% CI 1.3- 9.0).

# Antiphosphatidylserine/prothrombin antibodies as biomarkers to identify severe primary antiphospholipid syndrome



# Antiphosphatidylserine / prothrombin Antibodies in Antiphospholipid Syndrome with Intrauterine Growth Restriction and Preeclampsia




Valentina Canti , Stefania Del Rosso, Marta Tonello, Roberta Lucianò, Ariela Hoxha, Lavinia A. Coletto, Isadora Vaglio Tessitore, Susanna Rosa, Angelo A. Manfredi , Maria Teresa Castiglioni, Amelia Ruffatti, and Patrizia Rovere-Querini 

Table 2. Outcomes of 47 pregnancies followed during this study. Values are mean  $\pm$  SD or n (%) unless otherwise specified.

Outcomes	All aPL, n = 47	aPS/PT+, n = 33	aPS/PT-, n = 14	p*
wg	33.7 $\pm$ 4.9	33.1 $\pm$ 4.7	36.2 $\pm$ 3.4	<b>0.04</b>
Newborn weight, g	2227 $\pm$ 993	2058 $\pm$ 964	2784 $\pm$ 746	<b>0.04</b>
Placental weight, g	448 $\pm$ 197	420 $\pm$ 184	503 $\pm$ 223	NS
Pregnancy loss < 10 wg	1	0	1 (7)	NS
Pregnancy loss >10 wg	1	1 (3)	0	NS
IFD	4	2 (6)	2 (14)	NS
IUGR	13	12 (36)	1 (7)	<b>0.05</b>
Hypertension	3	2 (6)	1 (7)	NS
Preeclampsia and/or HELLP	12	12 (36)	0	<b>0.006</b>
Preterm delivery, without IUGR and/or preeclampsia	10	6 (18)	4 (28)	NS
Secondary APS	16	14 (42)	2 (14)	NS
SLE	9	8 (24)	1 (7)	NS
Other autoimmune diseases	7	6 (18)	1 (7)	NS
Treatment during pregnancy	47	33 (100)	14 (100)	NS
HCQ	6	5 (15)	1 (7)	NS
Corticosteroids	11	10 (30)	1 (7)	NS
LDA	39	27 (82)	12 (86)	NS
LMWH	47	33 (100)	14 (100)	NS
LDA + LMWH	39	27 (82)	12 (86)	NS
Azathioprine	4	3 (9)	1 (7)	NS
Plasmapheresis and/or IVIG	18	18 (100)	0	<b>0.002</b>



# Aim of the study

To explore the role of aPS/PT antibodies as a risk factor of thrombosis in antiphospholipid antibodies carrier

# Patients

- Study population
  - 191 aPL carriers (between 2000-2018)
  - Inclusion criteria
    - At least two consecutive positive results for IgG/IgM anti- $\beta$ 2GPI and/or IgG/IgM aCL antibodies (both at medium or high titers) and/or LAC
    - Absence of APS clinical manifestations
  - Follow up 81.1 months $\pm$ 18.4 SD (range 12-216 months)

# Methods

- Autoantibodies detection
  - IgG/IgM anti-cardiolipin and anti- $\beta$ 2glycoprotein I ELISA in house

Tincani A et al, Thromb Res 2004  
Reber G et al, JTH 2004
  - Lupus anticoagulant

Pengo V et al, JTH 2009
  - IgG/IgM aPS/PT ELISA commercial kit (INOVA diagnostics, USA)

# Demographic and clinical characteristics of aPL carriers (total n=191)

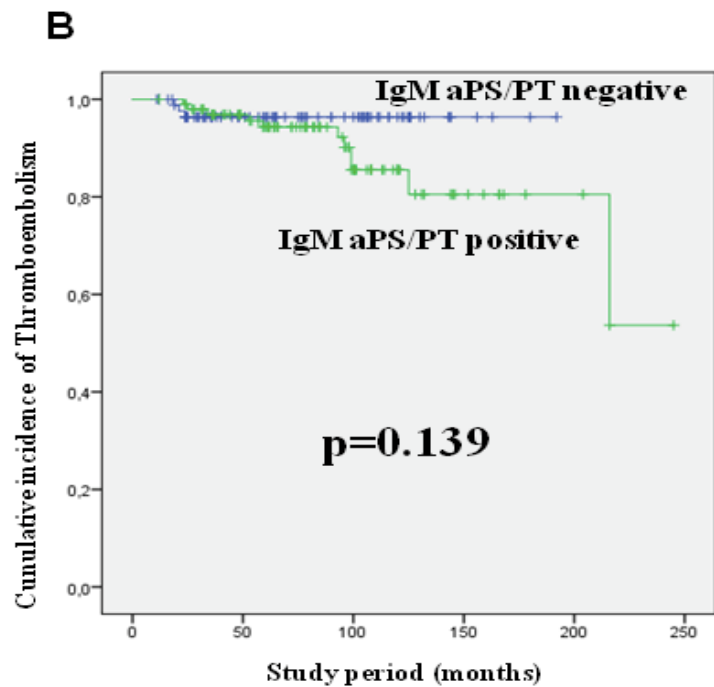
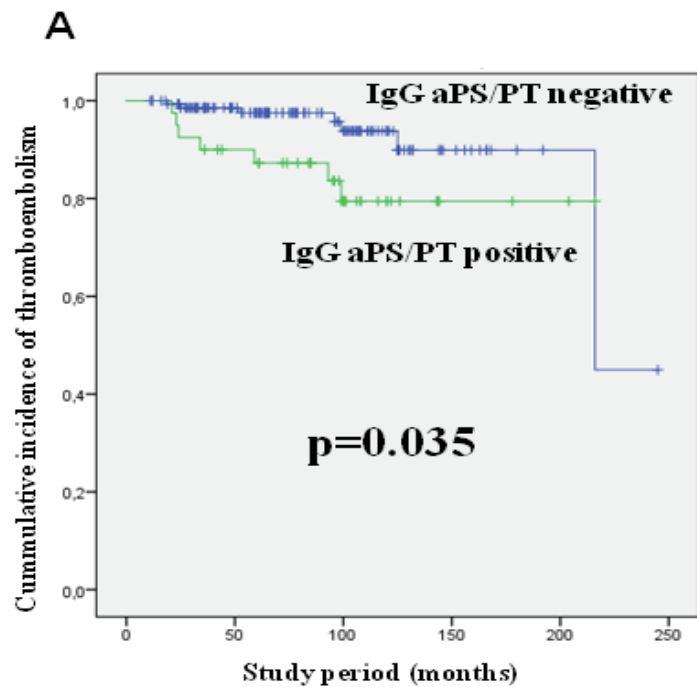
Mean age (years±SD)	38.4±11.3
Female n (%)	176 (92.1)
Reasons for initial testing n (%)	
Autoimmune disorders n (%)	115 (60.2)
Screening before pregnancy n (%)	26 (13.6)
Prolonged aPTT n(%)	40 (20.9)
Family history of autoimmune n (%)	11 (5.8)
Risk factors for thromboembolic events	
Arterial thrombosis	35 (19.5)
Venous thrombosis	19 (10.6)

- IgG aPS/PT abs were positive in 40 aPL carriers  
(20.9%)
- IgM aPS/PT abs were positive in 102 aPL carriers  
(53.4%)

# Antiphospholipid antibodies profiles in IgG/IgM aPS/PT carriers

	IgG aPS/PT+ve (40)	IgG aPS/PT-ve (151)	p-value
(IgG/IgM) aβ2GPI and aCL and LAC, n (%)	27 (67.7)	28 (18.5)	<b>0.000</b>
(IgG/IgM) aCL and LAC, n (%)	3 (7.5)	8 (5.3)	ns
(IgG/IgM) aβ2GPI and LAC, n (%)	2 (5.0)	0	ns
(IgG/IgM) aβ2GPI and aCL, n (%)	2 (5.0)	44 (29.1)	<b>0.003</b>
LAC, n (%)	1 (2.5)	13 (8.6)	ns
(IgG/IgM) aCL, n (%)	2 (5.0)	29 (19.2)	ns
(IgG/IgM) aβ2GPI, n (%)	3 (7.5)	29 (19.2)	ns
	IgM aPS/PT+ve (102)	IgM aPS/PT-ve (89)	p value
(IgG/IgM) aβ2GPI and aCL and LAC, n (%)	45 (44.1)	10 (1.1)	<b>0.000</b>
(IgG/IgM) aCL and LAC, n (%)	8 (7.8)	3 (3.4)	ns
(IgG/IgM) aβ2GPI and LAC, n (%)	2 (1.9)	0	ns
(IgG/IgM) aβ2GPI and aCL, n (%)	16 (15.7)	30 (33.7)	<b>0.006</b>
LAC, n (%)	13 (12.7)	1 (1.2)	<b>0.005</b>
(IgG/IgM) aCL, n (%)	13 (12.7)	18 (20.2)	ns
(IgG/IgM) aβ2GPI, n (%)	5 (4.9)	27 (30.3)	<b>0.000</b>

- 14 (7.3%) of aPL carriers developed a thrombotic event
  - 8/14 (57.1%) venous thrombosis
  - 6/14 (42.9%) arterial thrombosis
- Incidence of thrombotic event
  - 1.4 % patient/year





# Risk factors for a first thrombotic event

	aPL carriers	carriers became APS	p value
IgG aPS/PT, n (%)	33 (18.6)	7 (50)	<b>0.015</b>
IgM aPS/PT, n(%)	91 (51.4)	11 (78.6)	0.092
(IgG/IgM) a $\beta$ 2GPI and aCL and LAC, n (%)	45 (25.4)	10 (71.4)	<b>0.0008</b>
(IgG/IgM) aCL and LAC, n (%)	10 (5.6)	1 (7.1)	0.715
(IgG/IgM) a $\beta$ 2GPI and LAC, n (%)	2 (1.1)	0 (0)	0.335
(IgG/IgM) a $\beta$ 2GPI and aCL, n (%)	44 (24.9)	2 (14.2)	0.571
LAC, n (%)	13 (7.3)	1 (7.1)	0.613
(IgG/IgM) aCL, n (%)	31 (17.5)	0 (0)	0.182
(IgG/IgM) a $\beta$ 2GPI, n (%)	32 18.1)	0 (0)	0.170
Thromboembolic risk factor	40 (22.6)	11 (78.6)	<b>0.0000</b>
Autoimmune disorders	102 (57.6)	13 (92.9)	<b>0.021</b>

# Independent risk factors for a first thrombotic event

- Triple aPL positivity
  - (OR 4.725, 95% CI: 1.135-19.674, p=0.033)
- Thromboembolic risk factor
  - (OR 12.451, 95% CI: 2.519-61.537, p=0.002)
- IgG aPS/PT
  - (3.962, 95% CI: 1.174-13.37 )

# Conclusion (I)

- IgG aPS/PT abs are independent risk factor for thrombosis in aPL carriers
- Triple aPL positivity and the presence of risk factors for thrombosis are confirmed as independently risk factors for the development of thrombotic events

# Conclusion (II)

- The addition of IgG aPS/PT abs detection to the conventional aPL algorithm of testing could be a useful tool for a better risk assessment in aPL carriers and could thus justify the cost of their detection.
- The association of IgM aPS/PT abs to isolated LAC along with the lack of their significant prevalence in aPL carriers developing thrombosis suggest that these abs may be useful to identified aPL carriers at low risk for thrombosis



*Thank you for your attention...*